

**Family Matters**  
**Keys To A Healthy Family**

**Growth Group Discussion Questions—Feb. 7-Feb. 13**

1. When you go on vacation, do you like to kick back and relax, or kick up your heels and go crazy with activities?
2. Read Prov. 31 in its entirety. It paints a picture of a woman of incredible value and dignity. Then pick out individual verses and discuss how a wife with these characteristics contributes powerfully to a “committed marriage” (the second key to a healthy family that Dave talked about).
3. Flip in your Bibles to Eph. 5:25. Can you imagine a marriage with this kind of husband ever failing? Why is a marriage with a “Eph. 5:25 Husband” virtually fail-proof?
4. Here’s a tip that Dave gave us. Rather than focusing on the weaknesses and shortcomings of our spouse, we ought to look in the opposite direction. Read Rom. 12:3. What does the Apostle Paul say about where and how we should be looking? How do we break the finger-pointing habit?
5. We learned that no kid can thrive without constant encouragement. What is encouragement? How does it differ from praise?
6. Create a “fun formula” for family health and blessing based on all the things you’ve learned from Dave’s “Family Matters” teaching series. Fill in the blanks as a growth group by adding positive elements to the formula and by subtracting negative ones. We’ll start the fun formula so that you get the idea. When you throw out a element, share in your group why it’s necessary.

BIBLICAL CONTENT + SIGNIFICANT TIME – PARENTAL PASSIVITY –  
FAVORITISM + \_\_\_\_\_ - \_\_\_\_\_  
 - \_\_\_\_\_ + \_\_\_\_\_ - \_\_\_\_\_  
 + \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_ =  
 FAMILY HEALTH, BLESSING, GODLY LEGACY, AND GLORY TO GOD!

7. What’s your number #1 take away from the Family Matters series? Go around the room and finish the sentence: “The big idea that will stick with me about parenting, grand-parenting or investing in kids is: \_\_\_\_\_.”

**I. Five Keys To A Healthy Family.**

**A. The First Key To A Healthy Family Is: Christ-centered \_\_\_\_\_.**

*But seek first his kingdom and his righteousness, and all these things will be given to you as well.*

**Matthew 6:33**

*That if you confess with your mouth, “Jesus is Lord,” and believe in your heart that God raised him from the dead, you will be saved.*

**Romans 10:9**

**B. The Second Key To A Healthy Family Is: Marriage Committed \_\_\_\_\_.**

*A wife or noble character who can find? She is worth far more than rubies. Her husband has full confidence in her and lacks nothing of value.*

**Proverbs 31:10-11**

Rubies = **\_precious stones or expensive jewelry\_**

Full confidence in her = **\_he trusts her completely and has faith in her\_**

Lacks nothing of value = **\_she provides what he needs, she will greatly enrich his life\_**

*Husbands love your wives, just as Christ loved the church and give himself up for her . . .*

**Ephesians 5:25**

**Some helpful hints on marriage.**

**C. The Third Key To A Healthy Family Is: **\_Parents Led\_****

*For you know that we dealt with each of you as a father deals with his own children, encouraging, comforting and urging you to live lives worthy of God, who calls you into his kingdom and glory.*

**1 Thessalonians 2:11-12**

**1. Parent led families **\_encourage\_** their kids to live lives worthy of God.**

**2. Parent led families **\_comfort\_** their kids in order to help them live lives worthy of God.**

**3. Parent led families **\_urge\_** their kids to live lives worthy of God.**

**D. The Fourth Key To A Healthy Family Is: **\_God Trusting\_****

*Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge him and he will make your paths straight.*

**Proverbs 3:5-6**

*It would be better for him to be thrown into the sea with a millstone tied around his neck than for him to cause one of these little ones to sin.*

**Luke 17:2**

**E. The Fifth Key To A Healthy Family Is: **\_Legacy Focused\_****

*I have been reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice and, I am persuaded, now live in you also.*

**2 Timothy 1:5**