

IS CR FOR ME?

CR is for anyone with a hurt, habit or hang-up.

A hurt, habit, or hang-up is something that hinders our walk with God.

The feeling of being HURT is an emotional reaction to another person's behavior or to a disturbing situation.
(abuse, abandonment, codependency, divorce, relationship issues, etc.)

A HABIT is an addiction to someone or something.
(alcohol, drugs, food, gambling, sex, shopping, smoking, etc.)

HANG-UPS are negative mental attitudes that are used to cope with people or adversity.
(anger, depression, fear, unforgiveness, etc.)

THESE LIFE PROBLEMS CAN BE STUMBLING BLOCKS OR STEPPING STONES!

Healing is available through applying the principles of a Bible based recovery process to our life.